

Safety Protocols for Football

August 2020

Pre-Practice Procedures:

1. All athletes will wear a face covering upon entering facilities and practice areas.
2. Athletes will line up on the dots outside the gym, 6ft apart, for social distancing purposes until screened by the coaches.
3. Covid Screening and temperature checks will be conducted daily for both students and athletes. Any athlete with a temperature over 100.0 degrees will be sent home.
4. Attendance will be taken each day
5. All athletes will bring their own water
6. Athletes will come dressed ready for practice as to eliminate as much time in the locker room as possible. Athletes must wear their face coverings while in the locker rooms.

Practice Procedures:

1. Athletes will have face coverings and will wear them while not engaged in activities.
2. Athletes will be reminded to maintain social distancing when feasible. Athletes will be placed in smaller groups to limit close contact when possible.
3. Athletes will wear face coverings during transition times and during break times while inside the facilities.
4. When using weight room, athletes will be broken up into smaller groups for social distancing purposes. All Equipment will be cleaned off and allowed to dry between each group using it. Athletes will use hand sanitizer while lifting and between rotations.
5. During the Long Break, Athletes will go into the gym and stay 6 ft apart to maintain social distancing. Masks will be worn unless Athletes are eating/drinking.
6. Equipment will be disinfected in between rotations of groups.

Post Practice Procedures:

1. Athletes will be reminded to go home and shower.
2. Athletes and coaches will wear face coverings when exiting facilities and practice areas.
3. Athletes will be required to immediately leave the facilities if possible. If they have to wait for a ride, they will wait on the dots to maintain social distancing until they are picked up.
4. Equipment will be disinfected after the completion of each practice.